



# REDMAIDS' HIGH SCHOOL

FOR GIRLS | BRISTOL

SENIOR SCHOOL & SIXTH FORM

## **FIRST AID, HEALTH AND MEDICAL CENTRE POLICY**

### **SENIOR SCHOOL**

Please read in conjunction with the COVID-19 re-opening risk assessment published on our website

#### **1. INTRODUCTION**

The School will provide suitable and sufficient first aid provision for employees and students if they become ill or are injured at the School or on an approved school trip. The School's arrangements for first aid take into account the requirements of the Health and Safety (First Aid) Regulations 1981, as supported by the Health and Safety Commission's guidance in their approved code of practice, "First Aid at Work", and in accordance with Department for Education statutory guidance. In accordance with this guidance the School will also provide first aid assistance for visitors to, and contractors working at, the School so far as is reasonably practicable.

<https://www.gov.uk/government/publications/supporting-pupils-at-school-with-medical-conditions--3>

#### **2. MEDICAL PERSONNEL**

There are two part-time, qualified School Nurses on duty throughout the normal school day during term time. A trained first aider is also on site until 6pm everyday (when all the after school extra-curricular activities are finished). This is a member of the SMT. All PE teachers are also trained first aiders.

It is the responsibility of the Assistant Head Co-Curricular to hold and maintain a record of appointment and qualifications of first aiders. This includes the requirement for updated training every three years.

##### **First Aid Personnel**

First aiders are volunteers from members of staff. All Redmaids' High first aiders are trained to either 'First Aid at Work' or 'Emergency First Aid at Work' standard. However, there are other members of staff who are trained in either 'Emergency Sports First Aid' or 'First Aid INSET'. A list of personnel who have received first aid training and the certificate they have achieved is posted in the staff room and at other key locations around the school.

Wherever activities for which there is an element of risk (e.g. sports) are conducted away from the main school site, for example at Golden Hill, it is the policy of the Governors that a qualified first aider will accompany the students unless there is adequate first aid provided at the venue.

If someone has a serious accident or is taken seriously ill at school, requiring an ambulance, the School Nurse is normally responsible for summoning the ambulance but all staff are advised in their induction training that if the School Nurse is unavailable, they should summon the ambulance themselves. A member of staff should escort the pupil, provided a member of the ambulance team is with them. If a pupil needs to be taken to A&E or the GP by staff members, two members of staff will escort the student to hospital and stay until a parent/guardian arrives. Redmaids' High School first aiders understand the guidance that if they are in any doubt, they should call 999 (112 from a mobile).

### **3. STUDENTS WITH PARTICULAR MEDICAL NEEDS**

All parents/carers are required to complete a medical questionnaire prior to their child starting at the school (Appendix 3). This includes any medical/mental health conditions and allergies. Emergency medication such as Adrenaline Auto Injectors and Inhalers must be carried by the student at all times. Spare Emergency medication must be kept in an unlocked cupboard in the medical centre. It is the parent's responsibility to ensure their daughter's medication is appropriately labelled, prescribed and in-date. Parents must inform the school if their daughter will be carrying all of her emergency medication on herself or if they wish to store spare medication in the medical centre.

Parents should provide the school with sufficient and up-to-date information about their child's medical needs. Parents and carers are key partners and should be involved in the development and review of their child's individual healthcare plan and may be involved in its drafting. The school will work closely with other health and social care professionals assigned to children (CAMHS, specialist Nurses etc.) to best support the needs of students in school. They should carry out any action they have agreed to as part of its implementation, e.g. provide medicines and equipment and ensure they or another nominated adult are contactable at all times.

Pupils with medical conditions will often be best placed to provide information about how their condition affects them. They should be fully involved in discussions about their medical support needs and contribute as much as possible to the development of, and comply with, their individual healthcare plan. Other pupils will often be sensitive to the needs of those with medical conditions.

Any member of school staff may be asked to provide support to pupils with medical conditions, including the administering of medicines, although they cannot be required to do so. Although administering medicines is not part of teachers' professional duties, they should take into account the needs of pupils with medical conditions that they teach. School staff should receive sufficient and suitable training and achieve the necessary level of competency before they take on responsibility to support children with medical conditions. Any member of school staff should know what to do and respond accordingly when they become aware that a pupil with a medical condition needs help.

Supporting a child with a medical condition during school hours is not the sole responsibility of one person. A school's ability to provide effective support will depend to an appreciable extent on working co-operatively with other agencies. Partnership working between school staff, healthcare professionals (and, where appropriate, social care professionals), local authorities, and parents and pupils will be critical. An essential requirement for any policy therefore will be to identify collaborative working

arrangements between all those involved, showing how they will work in partnership to ensure that the needs of pupils with medical conditions are met effectively.

**The school reserves the right to refuse students admission to school if emergency medications are not provided.**

Information on students' medical needs is recorded electronically on SIMS. Hard copies of care plans are kept in the Medical Centre and reviewed annually (or sooner if circumstances /medical needs change). Information regarding severe allergies is displayed in the staff room and dining room. The School Nurse maintains and updates these records regularly in line with GDPR regulations.

If a student with specific medical needs is going on a school trip, the School Nurse will provide the Trip Leader with a paper copy of the care plan to take with them and any relevant medication and information. Staff are asked to make themselves familiar with these care plans.

Staff are made aware of students with medical needs or severe allergies at the start of the academic year and as appropriate thereafter. There is a list and photos of staff/students with severe allergies and other medical conditions in the Staff Room, the kitchen, the Medical Centre SIMS is kept up to date with any changes in medical conditions/ needs. This information comes via Operoo where parents update their child's medical and dietary information. It is the responsibility of all staff to ensure they are aware of any pupils with medical needs. Girls with severe allergies are photographed regularly and this list is also circulated as above.

Parents are required to complete a medical questionnaire and consent form for the administration of specific over the counter medicines during the school day. (Appendix 1)

Further consent is also obtained for the administration of specific over the counter medicines while on residential school trips.

Medication can only be administered if written consent has been obtained from a parent or carer.

It is the parents' responsibility to inform school of any changes in medical conditions and other information.

The school have purchased a small number of adrenaline auto injectors (AAI EPIPEN/EMERADE). These will be for emergency use on staff or students who are at risk of anaphylaxis but their own device is not available or not working (e.g. because it is broken, or out of date).

**This is in line with current '[Guidance on the use of adrenaline auto-injectors in schools](#)'.  
[Department of Health 2017](#).**

The School's spare AAI will be used on pupils known to be at risk of anaphylaxis, for whom both medical authorisation and written parental consent for use of the spare AAI has been provided.

The school's spare AAI can be administered to a pupil whose own prescribed AAI cannot be administered correctly without delay.

#### **4. TREATMENT BOOKS**

There is a daily treatment book in the Medical Centre where the medical staff record the brief details of all treatments given to students, staff and others. The School Nurse will also keep additional records in line with Nursing and Midwifery Council (NMC) guidelines.

#### **5. ACCIDENT /INCIDENTS**

All accidents, injuries and illnesses are referred to the School Nurse on duty in the Medical Centre who will then report any accidents and injuries to Alice England, Assistant Head Co-curricular. Incident forms are located in the Medical Centre and on the staff drive. Parents are informed by the School Nurse, according to need and her professional judgement. Where appropriate a note will also be added to CPOMS regarding an accident involving a pupil/staff member.

For injuries to students and visitors, it is the responsibility of the most senior member of staff who witnessed or dealt with the injured person to record details in the appropriate accident book. Incident (and accident) reporting is an integral part of the risk management process whereby all reports are investigated as appropriate, and measures put in place to mitigate identified risks and prevent reoccurrence wherever possible.

For accidents involving members of staff, it is the responsibility of the injured person to ensure details of the accident have been documented, however the actual details may be recorded by another person on her/his behalf. An Incident Report form should also be completed and passed to the Assistant Head. It is the Assistant Head's responsibility to ensure that Incident Report forms are forwarded to the School Nurse.

Bodily fluid disposal kits are located at various points around the school (the school office, the staff room, the laundry on the ground floor of the main building, the Sports Hall and 6<sup>th</sup> Form Centre). These contain latex free gloves, aprons, masks, solidifying granules, scoop, disinfectant spray and yellow bio hazard bag. They are checked and replenished by the School Nurse as required. All staff are responsible for initial cleaning up of any spills and for contacting the cleaning staff for further deep clean/decontamination. There are also large supplies of the above equipment in the medical centre that staff can access.

A report on the accidents recorded during each term is presented to the next meeting of the School Health and Safety Committee.

Certain types of accidents and injuries must be reported to the Health and Safety Executive as required by The Reporting of Injuries, Diseases and Dangerous Occurrences Regulations (RIDDOR). Employers must report: deaths; major injuries; over-seven day absence injuries; certain accidents causing injury to students, members of the public or other people not at work; a specified dangerous occurrence, where something happened which did not result in an injury but could have. Full details can be found in Section 4, Incident Reporting Procedure of the school's Health and Safety manual. First Aid is in Section 3 of the Health and Safety manual. The formal hard copy of the Health & Safety manual is held in the Director of Finance and Operations office and the manual is also available to all staff on the Staff drive of the school's intranet.

#### **6. FIRST AID/TREATMENT ROOM**

A First Aid room is provided in the Medical Centre on the second floor of the main building and will contain as a minimum the following facilities and equipment:

- Sink with running hot and cold water always available;
- Drinking water;
- Liquid soap;

- Paper towels;
- Smooth topped working surfaces;
- Suitable store for first-aid materials;
- First-aid equipment;
- Couch (with waterproof surface) and frequently cleaned pillow and disposable couch roll:
- Clean protective garments for use by first-aiders;
- Chair:
- An appropriate record book;
- Disposable bowls
- Portable wound dressing table:
- Tympanic Thermometer with disposable covers:
- Adequate lighting:
- Clinical waste bin:
- Drug/medicine cabinet (complying to the Misuse of Drugs Regulations 1973):
- Refrigerator: and,
- Bodily Fluid Disposal Kit
- Sharps bin
- Blood glucose glucometer
- Oxygen saturations monitor
- Stethoscope
- Blood Pressure machine

The Medical Centre is clearly identified as a first-aid room with the familiar white cross on a green background, which complies with the Health & Safety (Safety Signs & Signals) Regulations 1996. The Medical Centre also has a comfortable room with sofas that can be used by pupils/staff. The School Counsellor uses this room to see clients.

There is a three bedded room for use of those feeling unwell/awaiting collection from school. The beds and all bedding comply with universal infection control precautions and be decontaminated as per guidance

## **7. FIRST AID KITS**

First aid kits should contain only those items which a first aider has been trained to use. Some kits may have additional items depending on need and all first aid kits follow the hse.gov.uk guidelines. First Aid kits are prepared by the School Nurse and tailored to the individuals attending and the activities undertaken

Usual CONTENTS

Large Dressings

Medium Dressings

Triangular bandage

Eyewash

Plasters (assorted)

Gloves (latex free)

Wound wipes

Foil blanket x 1

Yellow clinical bag x1

Reviewed June 2021

## **LOCATION OF FIRST AID KITS**

Science prep room  
Textiles  
Main Office  
Music Department  
Redland Hall  
Lecture Theatre  
Art Department  
Maintenance  
Home Economics  
Kitchen  
6th Form Centre  
Science Senior Lab  
Biology Lab  
Chemistry Lab  
Science Junior Lab  
Physics Lab  
Advanced Lab  
Front reception  
All PE staff carry their own First Aid kits

The School Nurse is responsible for providing and checking all first aid kits in order to ensure that there is always an adequate supply of materials. Items should not be used after the expiry date shown on packets. Staff are responsible for requesting any items needed from the medical room.

Where mains tap water is not readily available for eye irrigation, sterile water or sterile normal saline (0.9%) in sealed disposable containers should be provided. Each container should hold at least 300ml and should not be re-used once the sterile seal is broken. At least 900ml should be provided.

### **8. Defibrillators**

There is a defibrillator situated in the staff room in the Senior School. The defibrillator is checked weekly by the School Nurses and is registered with The South Western Ambulance service NHS foundation Trust.

All staff are informed of its location and are trained by the School Nurses in how to use the defibrillator at the beginning of the school year in September during the inset training day.

The Junior School also have a defibrillator which is situated in the servery. This is also registered with the South Western Ambulance service NHS foundation and is checked by the Junior School Support and Liaison Assistant with training from the School Nurses.

It is the School Nurses responsibility to collect the defibrillator and take it to the collection point whenever the fire alarm is triggered.

### **A list of all trained first aiders and their location can be found on the staff drive**

Y:\First Aid\First Aider certification details list.xlsx

Appendix 1 Administration of Medicines Protocol & Form

Appendix 2 Medical room information sheet for parents/guardians

Appendix 3 Medical Questionnaire for Admissions

**Roz Watson/Ceren Brett/Jacklyn Turner/Gillian Rowcliffe Reviewed June 2021**

**Review May 2022**

## **Appendix 1**

### **Administration of medicines policy, Codes of Practice and medicine protocols**

#### **Aims**

- **To ensure the appropriate and safe administration of medication to students while at school.**
- **To ensure the safe storage of all medication.**
- **To ensure that all medication administered is recorded correctly.**

It is the responsibility of the Assistant Head Co-Curricular to hold and maintain a record of appointment and qualifications of first aiders. This includes the requirement for updated training every three years. There are also a number of other staff who either have a First Aid at Work qualification or Emergency First Aid at Work qualification.

#### **Medication bought into School**

Prescribed Medication should only be bought into school by students if absolutely necessary and in all cases the School Nurse should be informed.

All medication should be stored and administered in the Medical Room during the school day. Medicines should not be administered unless prescribed for the student by a registered health professional. A parent or guardian should provide full written consent and details of any prescribed medication to be administered during the school day. This includes all regular and occasional medication.

All medication should be supplied in its original packaging with the original pharmacy label and with full instructions included.

Prescribed medication should only be given to the person for whom it has been prescribed.

Any medication no longer required or out of date will be appropriately disposed of by the school Nurse. Students receive a medication recording slip to document timings and dosage, in order to prevent overdosing and to enhance home/school communication.

#### **Consent for the Administration of Medicines**

Parents are required to complete a consent form for the administration of specific over the counter medicines during the school day. (Appendix 1)

Further consent is also obtained for the administration of specific over the counter medicines while on residential school trips. (Appendix 2)

Medication can only be administered if written consent has been obtained from a parent or carer.



## **Storage of Medicines**

All medicines are clearly marked and kept in a locked cupboard in the medical room. The key is held by the School Nurses. Spare keys are held by Mrs Jacklyn Turner (Assistant Head) Mrs Jenny Bell (PA to the Headmistress) for use when a school nurse is unavailable.

There is a designated fridge available in the Medical Room for any medication that needs to be stored in a refrigerator OR on a short-term basis i.e. during the school day. The fridge temperature is checked on a daily basis.

Medication is checked monthly to ensure it has not exceeded its expiry date.

The senior school defibrillator is kept in the senior staffroom and is checked weekly by the school nurses. All staff are trained on its use at the start of the academic year.

## **Controlled Drugs**

All drugs currently listed under the Misuse of Drugs Act 1971 and the Misuse of Drugs regulations 2001 should be stored in a Controlled Drugs cabinet and all details including the name of the student, the strength and number of tablets stored, expiry date and batch number should be documented in the Controlled Drugs Record Book. A list of all controlled drugs listed under the Misuse of Drugs legislation is held in the Medical Room. All controlled drugs must be stored in a locked cupboard within a locked cupboard and the key will only be held by the School Nurse.

## **Access to medication**

All medication is stored in the medical room and is administered by the School Nurses or a member of SMT if the nurse is absent. Medication is always administered in the Medical Room and is never allowed to be taken away for later administration.

All students with asthma should carry their prescribed inhaler with them at all times. Families may provide a spare inhaler which should be kept in the Medical Room and will be stored in an unlocked, clearly labelled, cupboard in case it is required in an emergency. These are prescribed medications and as such can only be administered to those for whom they have been prescribed. Emergency Salbutamol inhalers are kept by school for students use in an emergency whose parents have provided written consent.

All students with severe allergies who are prescribed an EpiPen/EMERADE auto-injector should carry their medication with them at all times. Parents may provide spare medication to be kept in the Medical Room. This will be stored in an unlocked, clearly labelled cupboard in case it is required in an emergency.

Any person administering medication must read this policy and individual medicine protocols before administering any medication.

**This is in line with current ['Guidance on the use of adrenaline auto-injectors in schools'](#).  
[Department of Health 2017](#).**

The School's spare AAI should only be used on pupils known to be at risk of anaphylaxis, for whom both medical authorisation and written parental consent for use of the spare AAI has been provided.

The school's spare AAI can be administered to a pupil whose own prescribed AAI cannot be administered correctly without delay.

## **Administration of medicines on school trips**

For all residential school trips, parents are asked to provide written consent for the administration of over the counter medicines by the trip leader / person in charge of first aid on the trip. Additionally, Staff taking responsibility for medication while on a school trip must ensure they are familiar with the side effects and contraindications of all drugs they are being asked to administer. Staff are not obliged to give medication and can refuse if for any reason they are not happy to do so.

Any medication provided for a school trip must be kept by the trip leader / person in charge of the trip. It must be in the original packaging and be labelled clearly with the name of the student, dose and frequency of the medication. The student should then see the relevant person at the appropriate time for medication to be administered.

Medication must be administered as per the protocol (see appendix) and must be documented on the relevant form. All medicines must be the School Nurse on return.

### **Disposal of Medicines**

Medication that has expired or no longer of use is returned to a local pharmacist for disposal. There is a sharps bin and clinical waste disposal available to staff/students in the medical centre.

### **Protocol for the administration of Paracetamol**

To be read in conjunction with administration of medicines policy

#### **Use –**

To provide pain relief and to reduce a high temperature.

Paracetamol should be the first line choice of medication.

#### **Before giving paracetamol –**

Check that written consent has been obtained and the student has not had any other medication.

#### **Dosage -**

Paracetamol is stocked in 2 types –

Tablets – 500mg per tablet

Suspension – 250mgs in 5mls

**Age 10 -12 years** - 500mgs (1 tablet or 2x 5ml spoons)

**Age 12 -16 years** - 500mgs - 750mgs (1 – 1 ½ tablets or 2 - 3 x 5 ml spoons)

**Age 16+** 500mgs - 1000mgs (1 - 2 tablets or 2 - 4 x 5ml spoons)

Can repeat after **4 hours** but must not have more than **4 doses in 24 hours**.

### **Cautions/Notes**

Do not give to anyone with a known allergy to paracetamol.

Not to be taken with any other medicine that contains paracetamol (particularly cold/flu relief medications)

Do not give for more than 3 days without consulting a doctor.

### **Protocol for the administration of Ibuprofen**

To be read in conjunction with administration of medicines policy

#### **Use –**

To provide pain relief and to reduce a high temperature.

It should be a secondary choice after paracetamol.

Can be used in addition to paracetamol if necessary.

#### **Before giving –**

Check that the student is not asthmatic or has had kidney problems in the past.

Check that written consent has been obtained and the student has not had any other medication.

#### **Dosage –**

Ibuprofen is stocked in 2 types

Tablets – 200mgs per tablet

Suspension – 100mgs in 5mls

**Age 7 – 12 years** 200mgs (1 tablet or 10 mls suspension)

**Age 12 +** 200mgs – 400mgs (1-2 tablets 10-20 mls suspension)

Can repeat after **4 hours** but no more than **3 doses in 24 hours**.

#### **Cautions/Notes**

Must not be given to asthmatics.

Must not be given to students who have previously had kidney problems.

Must be given with or after food.

Must not be given to anyone who is sensitive to non-steroidal anti-inflammatory medicines.

Do not give with other non-steroidal anti-inflammatory medicines e.g mefenamic acid

### **Protocol for the administration of oral antihistamine tablets**

To be read in conjunction with administration of medicines policy. In all cases check that consent has been given.

#### **Cetirizine hydrochloride**

**Use** – relief of symptoms of allergies. Should be used in preference to Piriton during the school day.

Stocked as 10 mg tablets and 5mg/5ml Suspension

**Dosage**

**Age 6-12 years** – half a tablet (5 mgs) twice a day or 1 tablet (10mgs) once a day (5mls twice per day or 10mls once per day)

**Age 12+** - one tablet (10mgs) once a day

**Cautions/Notes**

Not to be given to anyone who has previously had a reaction to cetirizine hydrochloride.

**Chlorphenamine Meleate**

**Use** – Relief of symptoms of allergies and insect bites

Stocked as tablets – 4mgs per tablet and Syrup 2mgs in 5mls

**Dosage**

**Age 6-12 years** – 2mgs ( ½ tablet or 5mls syrup)

**Age 12+** – 4mgs (1 tablet or 2x 5mls syrup)

Can be given every 4 - 6 hours. Do not give more than 6 doses in 24 hours.

**Cautions/Notes**

Can cause drowsiness. Is best used at night. Cetirizine is a better alternative for use during the day.

Do not give if student has taken any other antihistamine or medications containing antihistamines including some products for coughs and colds.

Syrup contains sugar so use with caution in diabetics.

Do not give to students suffering from epilepsy.

**Other medication stocked**

To be read in conjunction with Administration of Medicines Policy

**Indigestion Preparations (such as Rennie, Gaviscon)**

**Use** – For treatment of indigestion/epigastric discomfort/heartburn

**Dose** – As per instructions on packaging (different brands may vary)

**Cautions** – Not to be used if has history of kidney problems. **Olbas Oil**

**Use** – Relief from colds and blocked noses

**Dose** – Olbas Oil – 1-2 drops on a tissue

**Cautions** – Avoid contact with eyes. Do not ingest

**Burn Gel**

**Use** – First Aid treatment of minor burns and scalds.

**Dose** – 1 sachet applied to burn (after appropriate first aid).

**Cautions** – Do not use on broken skin

**Anthisan Cream**

**Use** – Topical treatment of bites/stings

**Dose** – apply generously to affected area

**Cautions** – Do not use on broken skin

**E45 Cream**

**Use** – To treat dry skin

**Dose** – apply generously to affected area

**Cautions** – Do not use on broken skin

**Throat Lozenges**

Jakemans/Halls Soothers/Strepsils Throat Lozenges (and other brands)

**Use** – to relieve sore throats/tickly coughs

**Dose** – Suck one every 2-3 hours. No more than 12 in 24 hours. Encourage to drink plenty of water based fluids.

**Caution** – Choking hazard

## Appendix 2 - Medical room information sheets for parents/guardians

### MEDICAL ROOM

#### Medical Room Information for Parent/Guardian

|   |              |              |
|---|--------------|--------------|
| <b>Name:</b>  | <b>Date:</b> |              |
| <b>Illness/Injury:</b>                                |              |              |
| <b>Treatment:</b>                                     |              |              |
| <b>Medication:</b>                                    | <b>Dose:</b> | <b>Time:</b> |
| <b>Advice:</b>  |              |              |
| <i>Return to the Medical room if you feel unwell.</i> |              |              |
| <b>School Nurse:</b>                                  |              |              |
| <b>Signature:</b>                                     |              |              |

Medical Room Phone: 0117 9898295

Email: schoolnurse@redmaidshigh.co.uk

### Head Injury Information

|   |                   |              |
|---|-------------------|--------------|
| <b>Name:</b>  | <b>Date:</b>      |              |
| <b>Injury Information:</b>  |                   |              |
| <b>Treatment:</b>   |                   |              |
| <b>Medication:</b>  | <b>Dose:</b>      | <b>Time:</b> |
| <p>You are advised to seek <b>immediate</b> medical advice if any of the following occur or you have any other concerns. Symptoms can develop after a head injury.</p> <p><a href="https://www.nhs.uk/conditions/minor-head-injury/">https://www.nhs.uk/conditions/minor-head-injury/</a></p> <ul style="list-style-type: none"><li>• Fluid from ears or nose</li><li>• Blurred or double vision</li><li>• Generalised worsening headache</li><li>• Persistent vomiting (more than 2-3 times)</li><li>• Persistent dizziness or unsteadiness</li><li>• Confusion or irritability</li><li>• Drowsiness or inability to rouse</li></ul> |                   |              |
| <b>Nurse:</b>   | <b>Signature:</b> |              |

Medical Room Phone: 0117 9898295

Email: schoolnurse@redmaidshigh.co.uk

Appendix 3 - **Medical Information for Admissions**

Student Name: \_\_\_\_\_

Date of birth: \_\_\_\_\_

Year group: \_\_\_\_\_

I give / I do not give consent for the School Nurse / First Aider (or member of school staff supervising a visit outside school) to administer treatments for minor ailments/ first aid for my daughter. Or to arrange for necessary hospital assessment / treatment.

**I give consent for the following to be administered when required:**

Analgesics (paracetamol and Ibuprofen)

Indigestion preparations (Gaviscon, Rennie or similar)

Antihistamine

Throat sweets

On occasion we may offer students warm drinks (hot chocolate / tea) and snacks such as fruit and biscuits if required. Please let us know if you would prefer us not to offer these to your daughter.

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|  |
|  |
|  |

Has your daughter been diagnosed with:

Asthma

Diabetes

Migraine

Epilepsy

A cardiac condition

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|  |
|  |
|  |
|  |

If yes to any of the above please provide full information or if there are any other medical conditions / illnesses we need to be aware of:

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**ASTHMA**

If your daughter is prescribed an inhaler she **MUST** carry one with her during all school activities including sport and school trips.

Her current medication / frequency is:

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I confirm my daughter has Asthma (including a history of asthma). In case of an emergency I consent to the school administering the school emergency salbutamol inhaler (please sign)

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**ALLERGY**

Does your daughter have any allergies?

If yes please give full details including treatment:

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If your daughter is prescribed an Epipen / other emergency allergy medication she **MUST** carry one with her for all school activities including sport and trips. Please provide spare Epipen / medication to be kept in the medical room.

**OTHER**

Does your daughter have any mental health requirements / needs?

If yes please provide details:

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Does your daughter have any special dietary requirements?

If yes please provide details:

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Does your daughter have any problems with speech, vision or hearing?

If yes please provide details:

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Can your daughter undertake normal physical activities?

Any other relevant information which you consider useful or which may affect your daughter's ability to fully access the education provided by Redmaids' High School:

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Signature of parent / guardian:

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Date: \_\_\_\_\_

If we feel an individual care plan is needed we will contact you to arrange this. It is school policy (with the exception of emergency Epipens / inhalers etc) for all medication to be stored in the medical room. Please ensure all medication brought into school is in the original packaging and prescribed for your daughter.

If your daughter's health /wellbeing changes please contact us ASAP.

Ceren Brett and Roz Watson, School Nurses.  
[schoolnurse@redmaidshigh.co.uk](mailto:schoolnurse@redmaidshigh.co.uk) Phone 0117 989 8295